X. FORMS OF ENERGY: Stored Energy and Useful Energy (Day 9)

- A. INTRODUCTION:
 - 1. Energy is the ability to do work.
 - a. Food eaten.
 - b. Plugged in electric shears
 - c. Oil pumped from the ground
 - d. Water stored behind the dam
 - e. Windmills catch the wind
 - f. Geothermal plants
- B. KINDS OF FORCE:
 - 1. Force is a push or a pull.
 - 2. Force is needed to change the state of motion of an object.
 - 3, There are four main kinds of force in nature.
 - a. Gravitational Force
 - i) Gravity is the force of attraction, or the pull, between all pieces of matter.
 - ii) Action-at-a-distance.
 - iii) Responsible for the round shape of the earth.
 - iv) Keeps the atmosphere in place around the earth.
 - v) Gravitational force on an object is called weight.
 - vi) The amount of force exerted on you depends on your mass.
 - vii) At the same time as the earth is pulling down on you, you are pulling the earth up with the same force.
 - b. Strong Nuclear Force
 - i) The force that holds the nucleus of an atom together.
 - ii) It is strong enough to overcome the repelling forces of the positive protons packed together inside the nucleus.
 - iii) It does not extend beyond the nucleus of the atom.
 - c. Weak Nuclear Force
 - i) Present among the particles in the nucleus.
 - ii) Involved in such nuclear events as the beta decay type of radioactivity.

- d. Electromagnetic Force
 - i) Made up of the forces of attraction and repulsion caused by electrical charges and magnetism.
 - ii) Holds molecules together and binds molecules to each other.
 - iii) Makes the electric motors work.
 - iv) Make your muscles work.
- C. MEASURING WORK
 - 1. Work is done when a force changes the motion of an object.
 - 2. If an object doesn't change its state of motion, no work was done.
 - a. An object has to move some distance in the direction of the force.
 - 3. To find the amount of work done in a given situation, force is multiplied by the

distance through which the force is applied.

- a. Distance is measured in meters.
- b. Force is measured in a unit called the NEWTON. (Abbreviated "N")
- c. To calculate the amount of work done, Newtons are multiplied by meters.
- 4. The work unit could be called the Newton-meter, but has its own name.
 - a. The amount of work done by one newton acting over a distance of one meter is

expressed in a unit called the JOULE. (Abbreviated "J")

5. Work = Force x distance

Work = newtons x meters

Work = $N \times m$; Joule = $N \times m$

- D. POWER
 - 1. The rate at which work is done is POWER.
 - 2. If work is done in a short amount of time, the power is higher than if the work is done more slowly.
 - 3. Suppose two loads of the same mass were lifted through the same distance. The Load is lifted more slowly than the second.

- a. The rate at which energy is used to lift the first load is smaller. But the amount Work done, the energy, stays the same.
- b. The only thing that changes is the time needed to do the work.
- 4. Mini-bike vs. Motor cycle. Motor cycle is more powerful because it can to the same amount of work in a shorter time.
- 5. Power is measured in joules per second. One joule per second is equal to one WATT
 - a. 1000 watts is equal to a kilowatt.

E. KINETIC AND POTENTIAL ENERGY

- 1. Energy in action is KINETIC ENERGY.
 - a. Energy of motion.
 - b. The faster the car moves, the more kinetic energy it has. The brakes turn kinetic energy to heat to slow the automobile down.
 - c. When the car's speed is doubled, it's kinetic energy is four times as great.
 - d. When the car's speed is tripled, it's kinetic energy is nine times as great.
- 2. Potential Energy is stored energy.
 - a. This is the energy of water stored behind a dam.
 - b. This is the energy in gasoline, oil, coal, dynamite and the nucleus of an atom.
 - c. The force needed to lift 10 kg is 98 newtons.
 - d. To lift 10 kg of mass a distance of 1.4 m, it takes 137.2 Joules of work.
 - i) The 10 kg can do 137.2 joules of work by itself if it falls off the shelf.
 - Sitting on a shelf 1.4m high, the 10 kg mass has 137.2 joules of potential energy.
 - iii) When the 10 kg mass falls off the shelf, the kinetic energy just before it hits the floor is 137.2 joules.
- 3. Energy obeys the LAW OF CONSERVATION OF ENERGY.

- a. This means that energy is neither created nor destroyed.
- b. In the example above, the 137.2 joules of energy becomes heat once the 10 kg mass hits the floor.
- c. Energy of motion, kinetic energy, usually turns into heat..
 - i) The kinetic energy of an automobile turns into heat when the brakes are applied.
- 4. Energy can take many forms.
 - a. Chemical energy is the energy released when atoms exchange electrons during a

reaction. Chemical energy is turned into heat and light during burning.

- c. Chemical energy is turned into electrical energy by a battery.
- d. Light, heat, electricity, and chemicals are all forms or sources of energy.
- 5. Most action takes place when energy changes form. Energy can keep changing

Form, but it is never destroyed.

- F. QUESTIONS:
 - 1. What is energy?
 - 2. What is force?
 - 3. What are the four kinds of force in nature?
 - 4. Name three things that involve electromagnetic force.
 - 5. When is work done?
 - 6. How do you calculate the amount of work done?
 - 7. What is the unit that expresses the amount of work done?
 - 8. Explain the difference between work and power?
 - 9. Which does more work, a train traveling at 125 miles per hour or a bicycle traveling at

3 miles/hour? Which vehicle has more power?

10. What are the names of the units of force, work, and power?

- 11. What is kinetic energy?
- 12. What is potential energy?
- 13. What do heat, light, electricity, and chemical reactions have in common?
- 14. What does the Law of Conservation of Energy mean?
- G. ACTIVITY: Heat Energy (Materials: Rubber band, paper clip)
 - 1. Touch the end of a paper clip briefly to your lips.
 - 2. Quickly straighten the paper clip and touch it to your lips again.
 - 3. How does the temperature of the paper clip change when it is bent?
 - 4. Hold a rubber band with you thumbs and index fingers. Touch the rubber band briefly to you lips.
 - 5. Quickly stretch the rubber band and touch it to your lips again.
 - 6. How does the temperature of the rubber band change when it is stretched?
 - 7. You used energy to bend the paper clip. What happened to that energy?
 - 8. You used energy to stretch the rubber band. What happened to that energy?
 - 9. What seems to eventually happen to energy?

H. KEY FACTS AND CONCEPTS:

- 1. Energy is the ability to do work.
- 2. Force is a push or a pull.
- 3. The unit of force is the newton.
- 4. Four main force act in nature: gravity, strong nuclear force, weak nuclear force, and Electromagnetic force.
- 5. Work is done when force act over a distance.
- 6. The unit of work and energy is the joule.
- 7. Power is the rate at which work is done or energy is used.

- 8. A watt of power is equal to one joule or energy used per second.
- 9. Kinetic energy is the energy of motion.
- 10. Potential energy is stored energy.
- 11. Energy can neither be created nor destroyed.
- 12. Light, heat, and electricity are all forms or sources of energy.
- 13. Energy eventually takes the form of heat.